

# OPERATION WEATHER SURVIVAL

A network of public and private organizations that work together to prevent illness and death caused by extreme hot or cold weather by educating the public, coordinating the activities of its members and delivering resources.

For information during extreme hot or cold weather call

**Hotline — United Way of Greater St. Louis  
1-800-427-4626**

Who to Call For Assistance During Summer or Winter

## **Cooling/Heating —**

Human Development Corporation-HDC - City/Wellston	314-535-7607
Community Action Agency-St. Louis County-CAASTL	314-863-0015
St. Louis Area Agency on Aging	314-612-5918
Mid-East Area Agency on Aging	636-207-0847

## ***Tips for Staying Warm in Winter***

- Open drapes and blinds on sunny days to let sunlight warm your home but close them at night.
- Seal off unused rooms by closing vents and keeping the doors shut tightly.
- Regular check-ups of furnaces will help keep it operating efficiently, saving you money.
- Don't leave space heaters unattended or with children; keep away from combustible materials and only use in well ventilated areas.

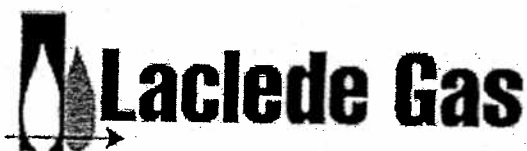
## ***Tips for Staying Cool in Summer***

- Keep the heat out by drawing shades and drapes and closing blinds on hot days.
- If you have air conditioning, don't cool rooms not being used; close doors & vents in these rooms.
- Don't switch the air conditioner to a colder setting when turning it on. It won't cool any faster.
- Turn the air conditioner thermostat up when you leave the house for several days or longer.

***Don't forget to check on your elderly relatives and neighbors!***



**314-342-1111**



**314-621-6960**